Update on Haringey's Health and Wellbeing Strategy 2015-18

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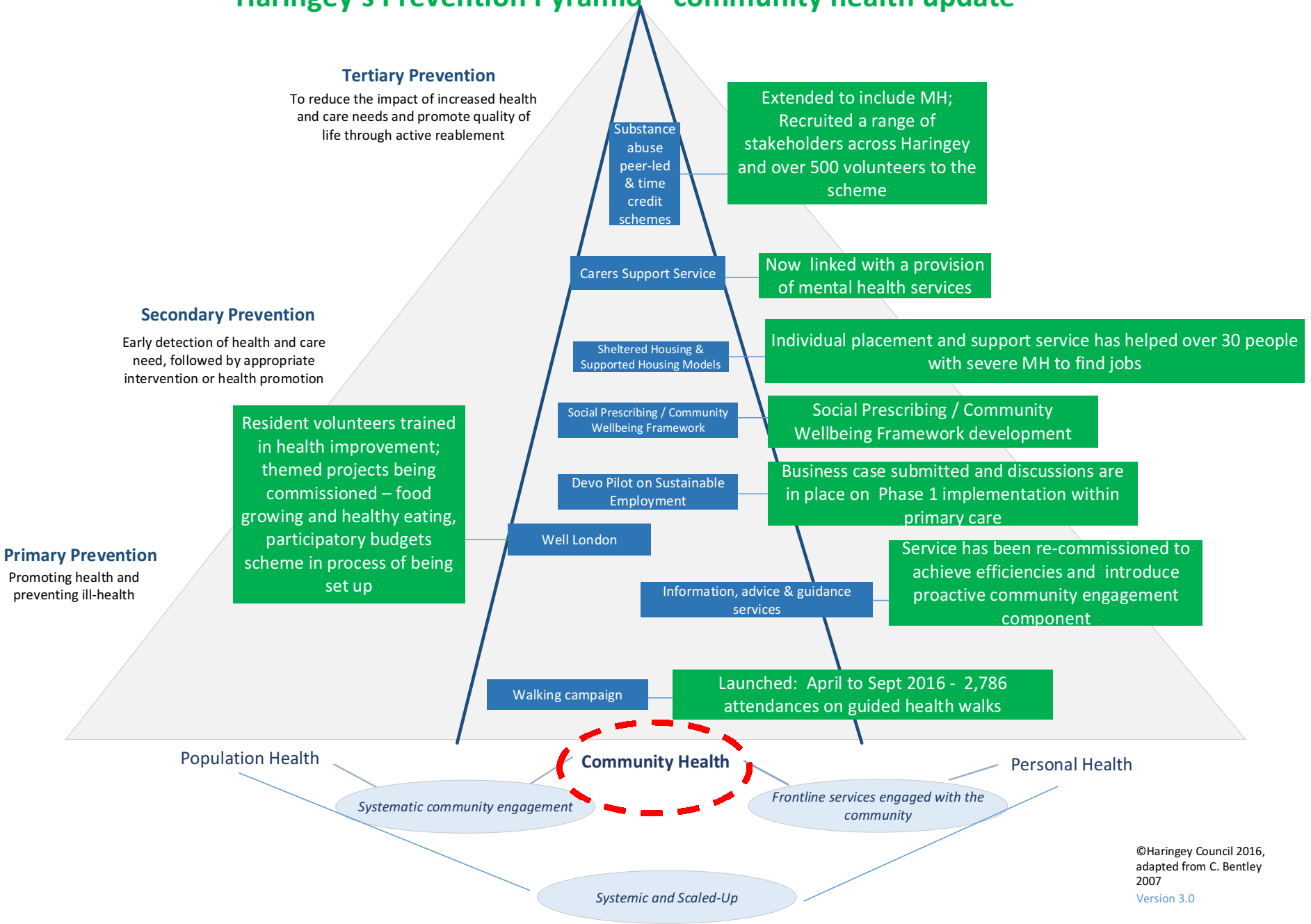
HWB Strategy – Progress over 18 months

- Setting strategic frameworks (Health in All Policy, Mental Health Framework);
- Focus on governance, relationships and partnership building (Obesity Alliance, H&I Wellbeing Partnership);
- Focus on commissioning and implementing contracts (Integrated Wellness Service);

Haringey's Prevention Pyramid – Population health update
Key Achievements

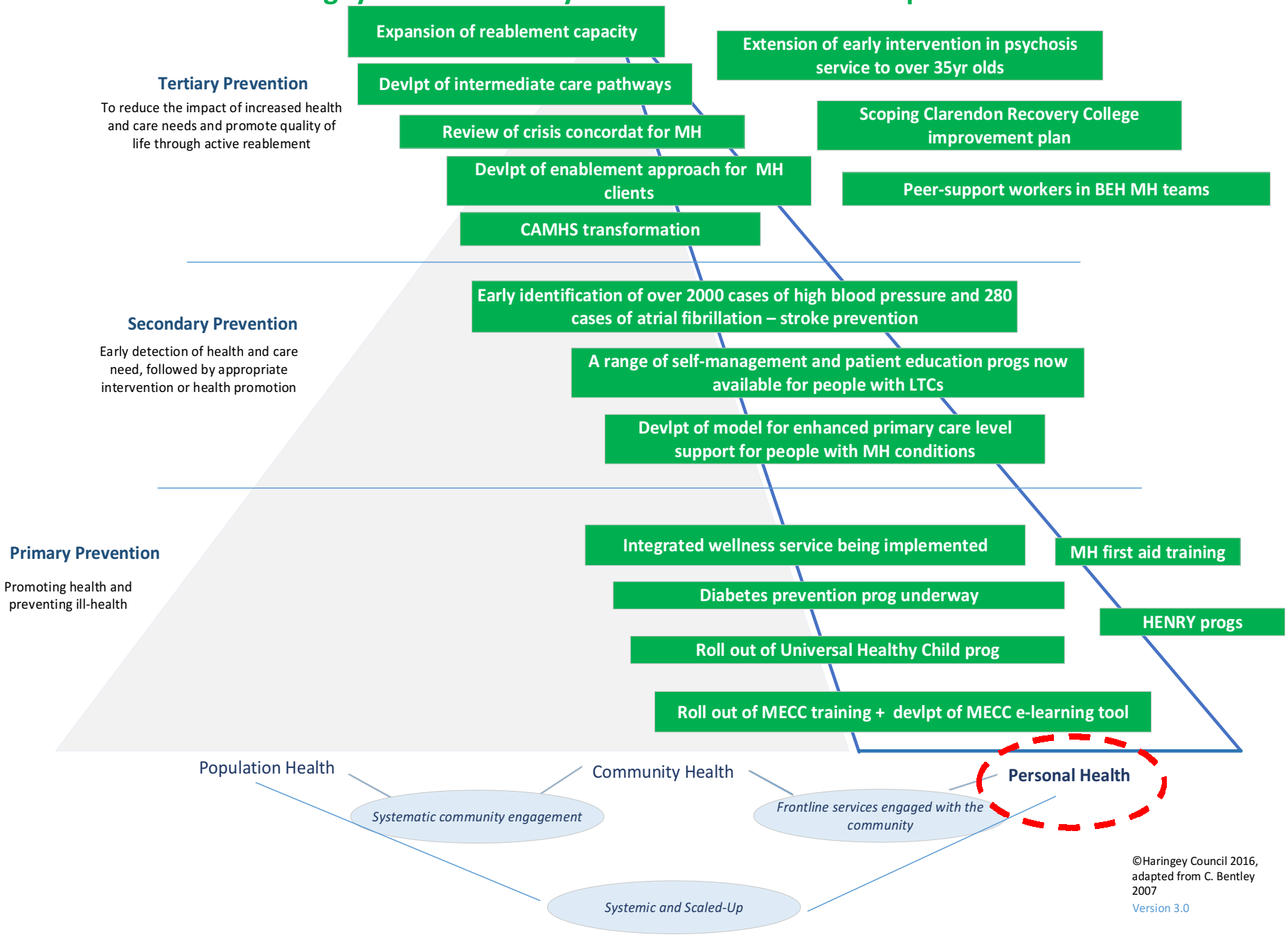
Version 3.0

Haringey's Prevention Pyramid – community health update



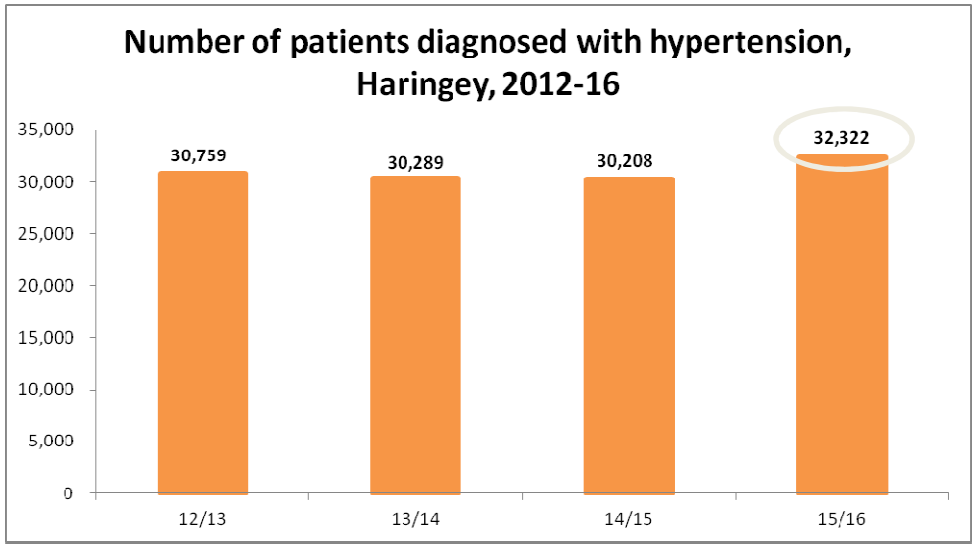
Version 3.0

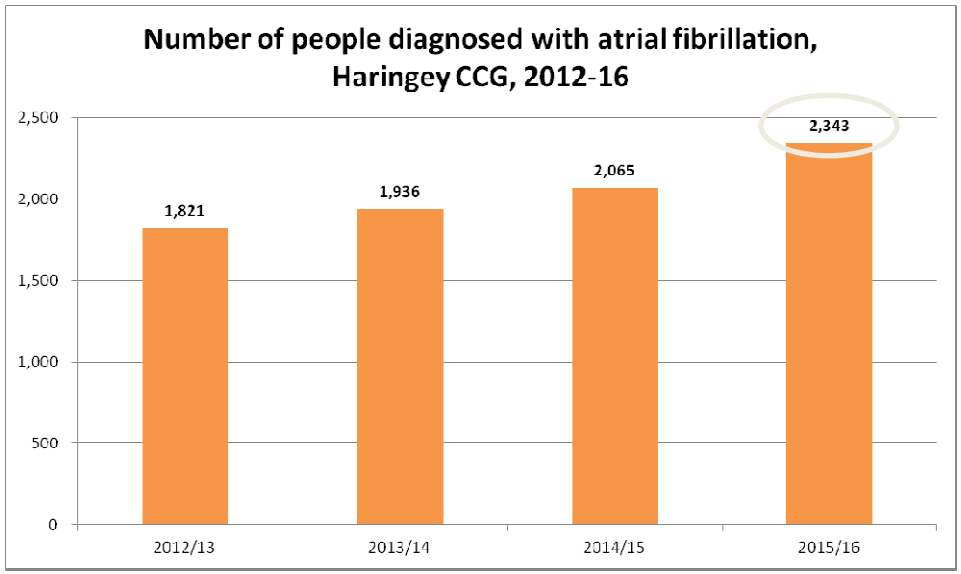
Haringey's Prevention Pyramid – Personal health update



Version 3.0

Recent successes – stroke prevention initiatives in primary care have increased diagnosis of AF and Hypertension





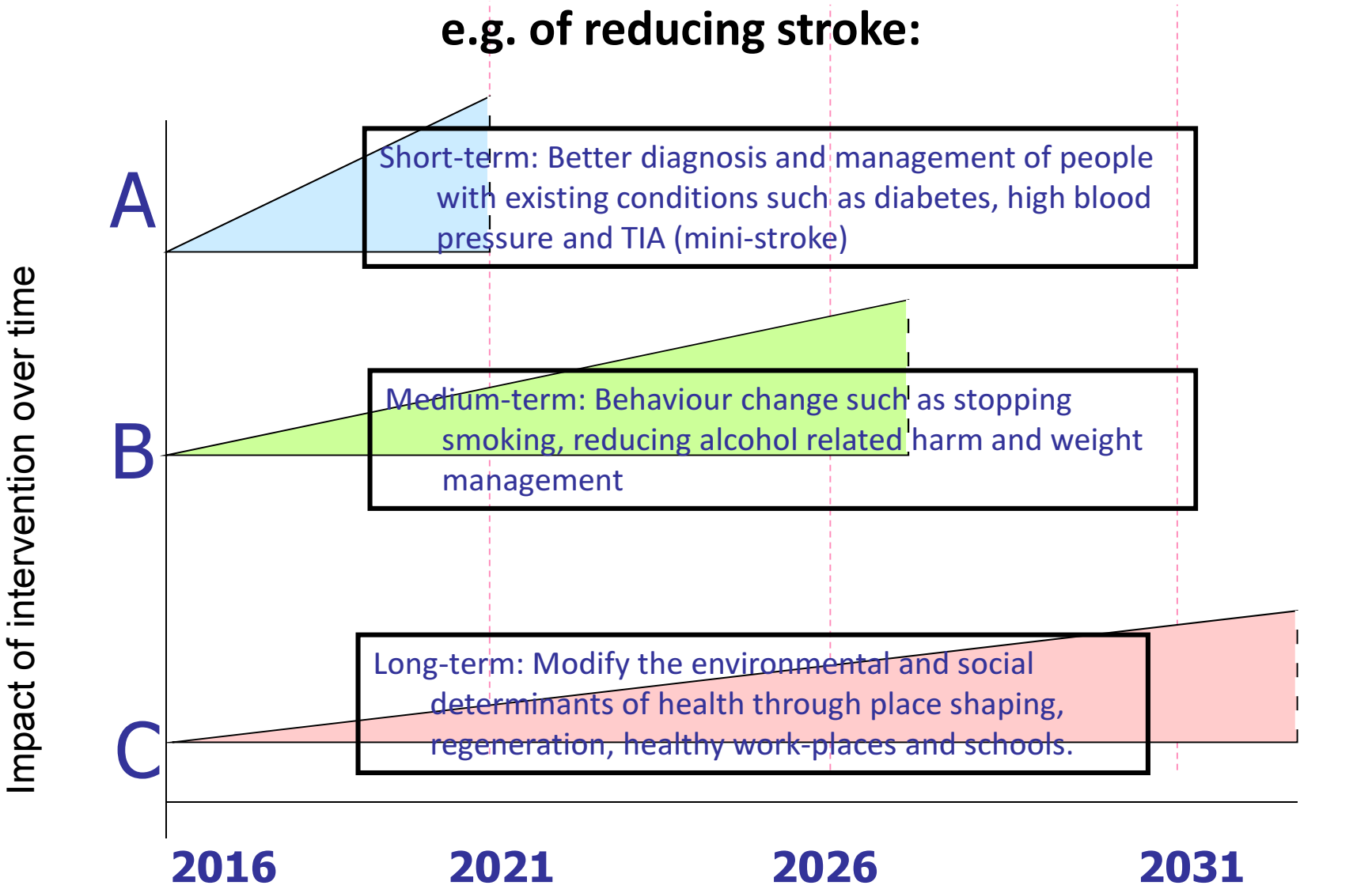
Haringey stroke prevention initiative promotes opportunistic pulse checks (for AF) and blood pressure checks in primary care

7% increase in the number of people diagnosed with hypertension from 2014/15 to 2015/16 – more than 2,000 additional diagnoses

13% increase in the number of people diagnosed with atrial fibrillation from 2014/15 to 2015/16 – nearly 300 additional diagnoses.

Source: Quality Outcomes Framework, 2015/16

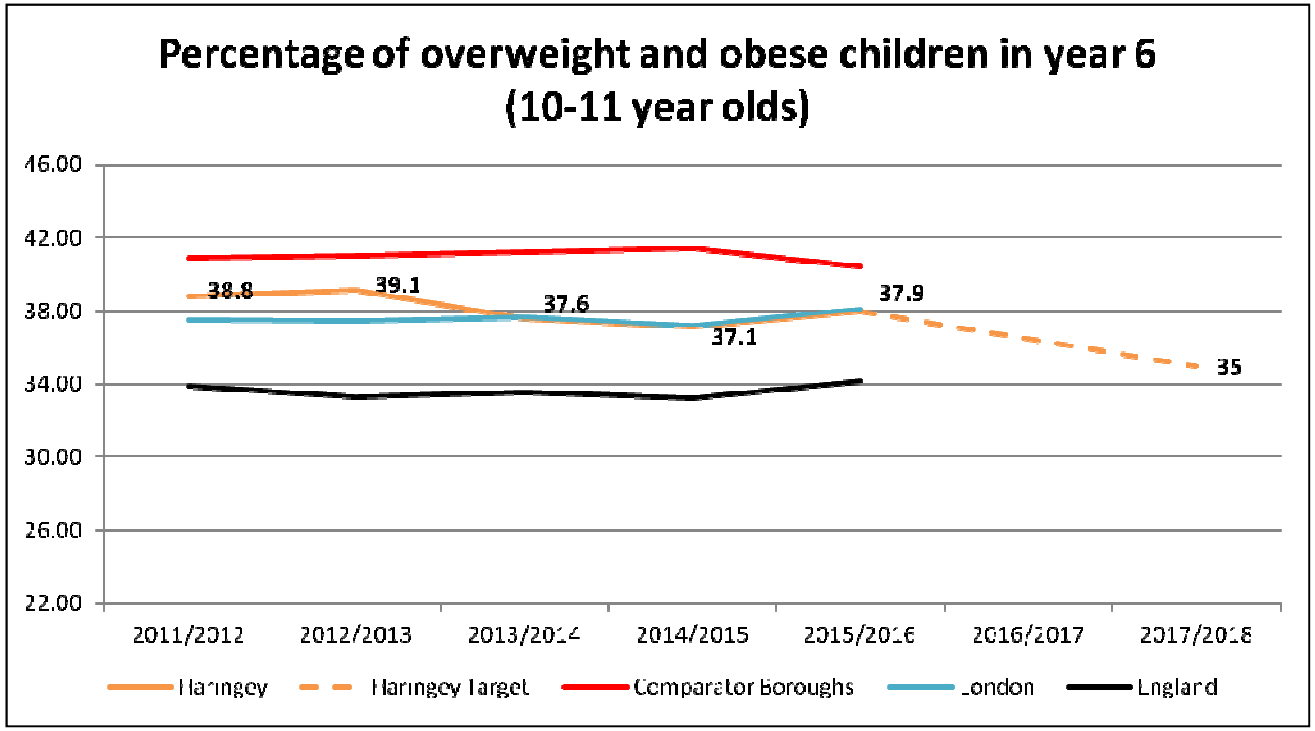
Timescales for impact of key interventions – e.g. of reducing stroke:



Adapted from Bentley 2007

Ambition 1: Fewer children and young people will be overweight or obese

2018 Target: Reduce the % of overweight and obese children at year 6 (age 10-11) to 35%



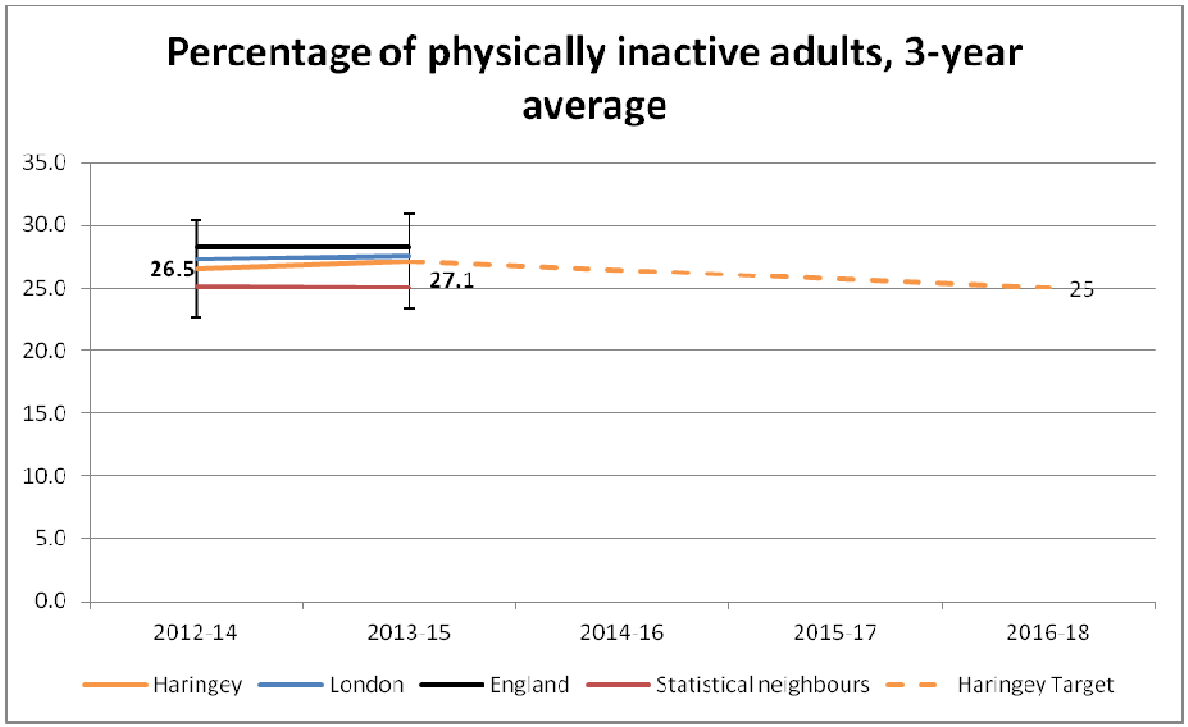
2015/2016 update:

- Prevalence has increased by 0.8% in 2015/2016 to 37.9%
- Haringey needs a **1.5% year on year** decrease in child obesity to reach our 2018 target

Source: NCMP (2016) – Updated annually – also reported for Corporate Plan P1 board

Ambition 2: More adults will be physically active

2018 Target: Reduction in inactive adults to 25%



2016 update:

- Haringey's proportion of physically inactive adults has increased to **27.1%** for 2013-15, above our comparator boroughs
- Haringey is currently above its 2018 target of 25%

Source: PHOF (2015) – Updated annually, also reported for Corporate Plan P2 board

Ambition 3: Haringey is a healthy place to live

2018 Target: Increase in the number of people who walk and cycle to the top quartile of London Authorities by 2018

London Rank 2013/2014:

12th  3% 2nd Quartile

7th  38% 2nd Quartile

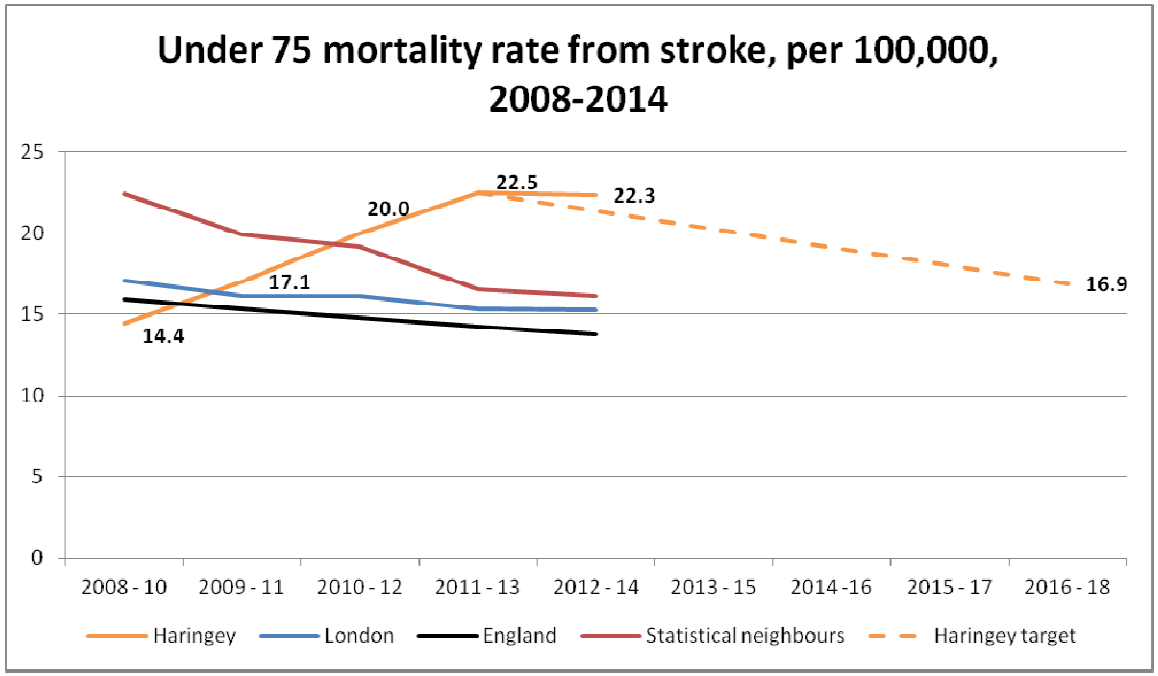
No new update

- Haringey needs a **1.3%** increase in cycling year on year to meet the London quartile target of 7% by 2018
- Haringey needs a **1.7%** year on year increase in walking to meet the London top quartile target of 42% by 2018

Source: Smarter Travel London (2013/2014) – No new update in 2016

Ambition 4: Every resident enjoys long lasting good health

2018 Target: Reduction in the rate of early death by stroke by 25%



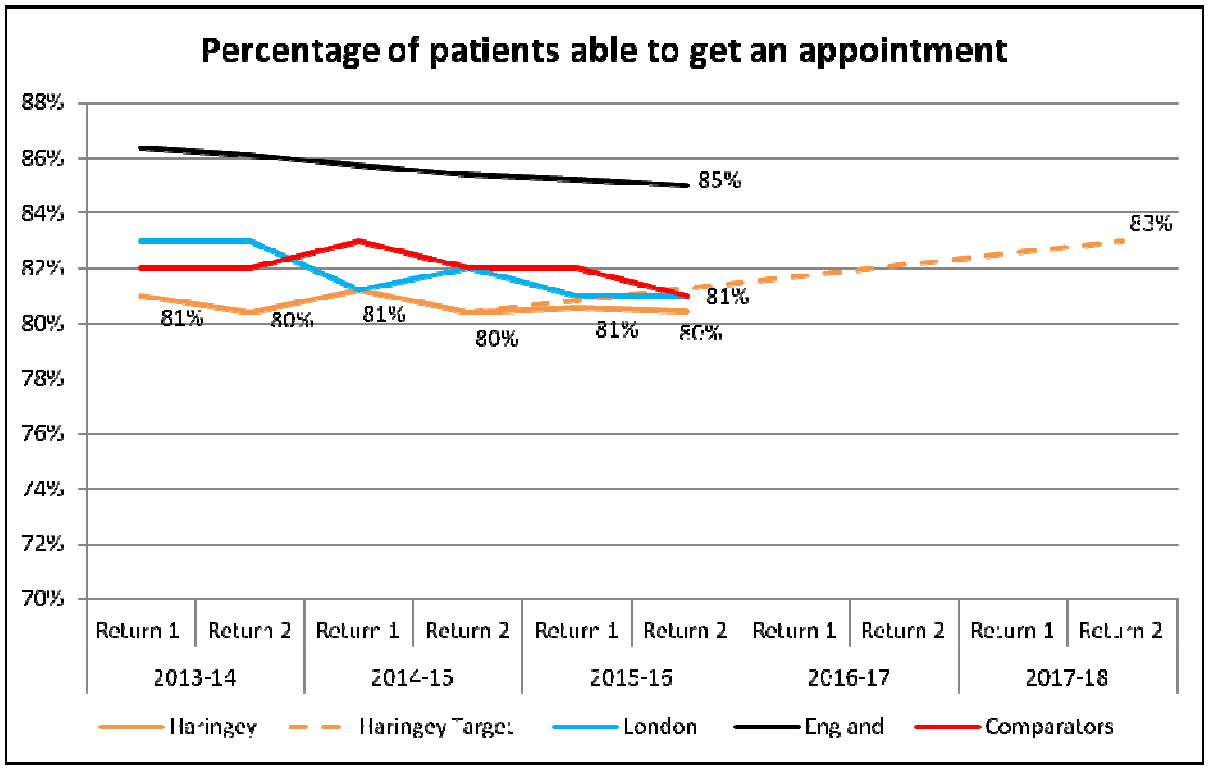
2015 update:

- Haringey's stroke rate currently stands at **22.3** compared to 16.3 for similar boroughs
- **1st out of 32** London boroughs for early death from stroke
- In 2014/15, **23.1%** of stroke patients were left severely disabled compared to just 11.0% for London (SSNAP, 2016) – approximately 60 people a year

Source: PHOF (2015) – Updated annually in 3 year averages, also reported for Corporate Plan P2 board

Ambition 5: People can access the right care at the right time

2018 Target: Increase in patients reporting they are able to get a GP appointment to see or speak to someone to 83%



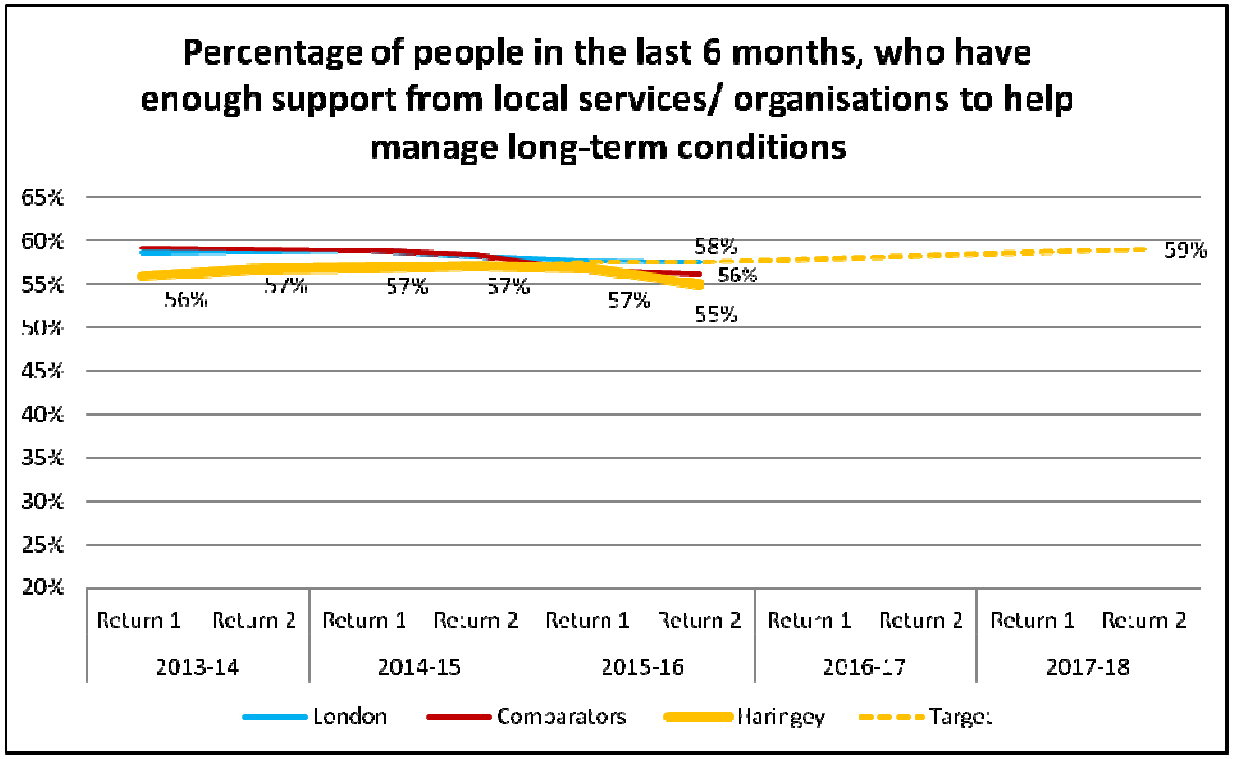
No update:

- Percentage of patients able to get a GP appointment is fluctuating around **80-81%**
- This is 1% lower than London and comparator borough averages and 4% lower than the England average

Source: GP Patient Survey (2016) – Updated bi-annually (Jan and July)

Ambition 6: More people will do more to look after themselves

2018 Target: Increase in adults who feel supported to manage their long term conditions to 59%



No update:

- **2%** decrease in the latest return for 2015/2016
- Numbers have remained similar since 2013/2014, need to see if reduction is sustained in the next returns

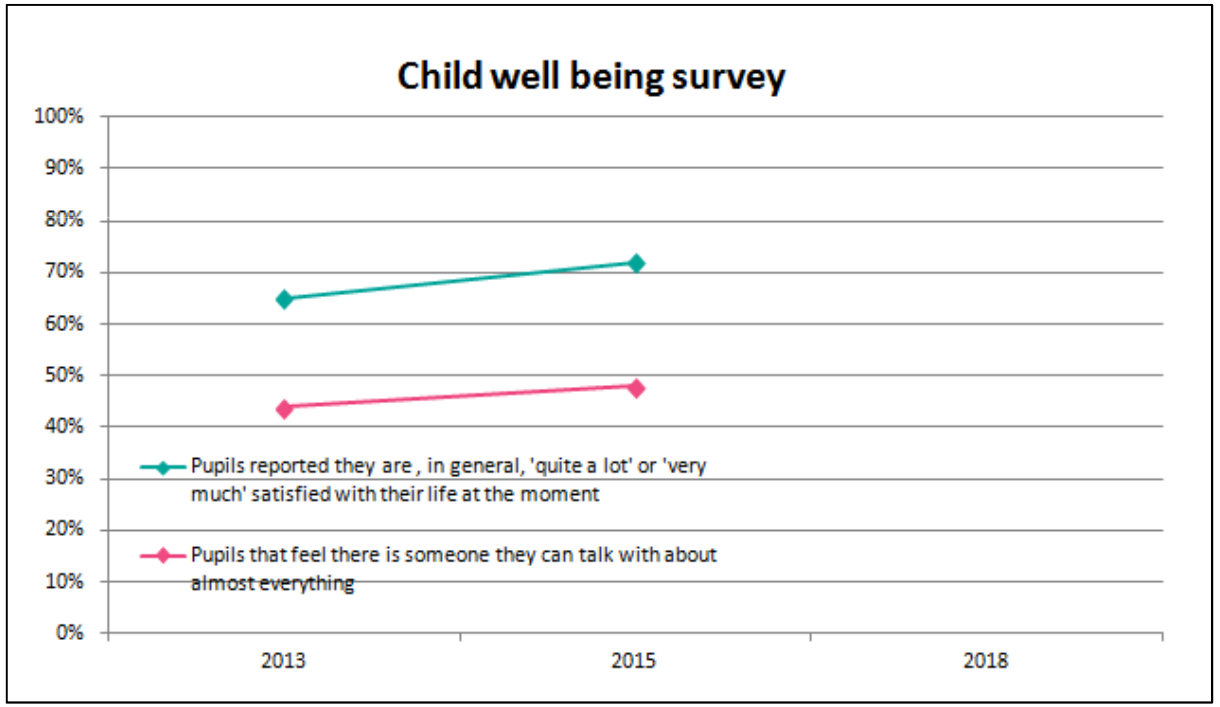
Source: GP Patient Survey (2016) – Updated bi-annually – also reported for P2 board

Ambition 7: More children and young people will have good mental health and well-being

2018 Target: To show substantial improvement on the 2 questions

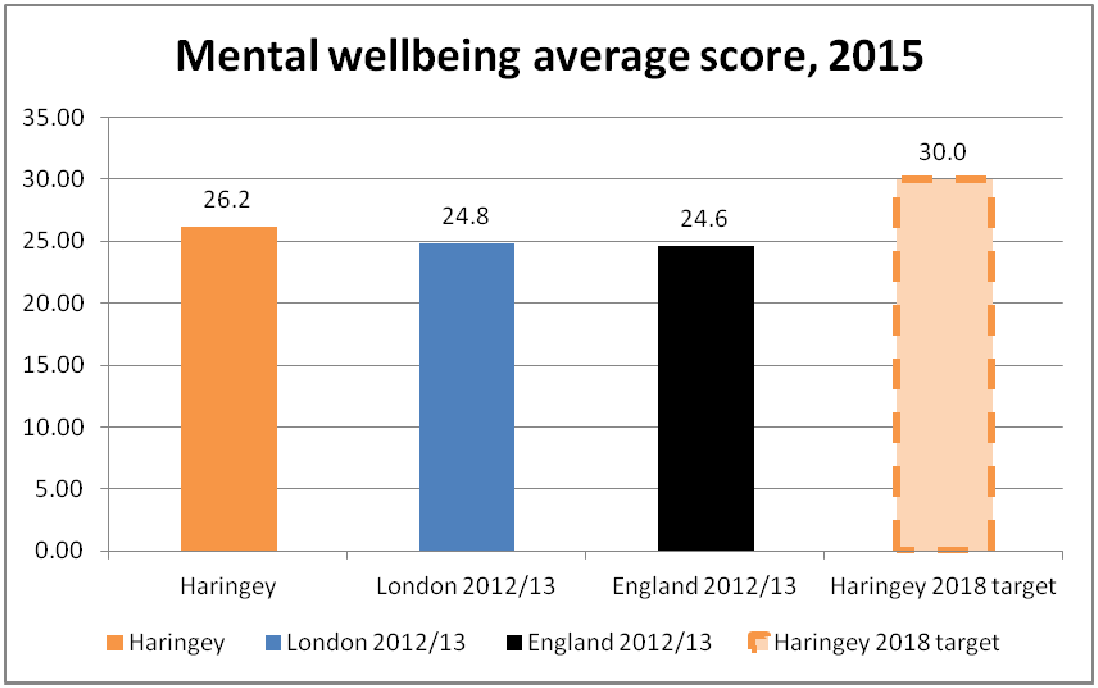
No update:

- School Health Education Unit (SHEU) survey for child wellbeing – commissioned every two years
- Life satisfaction increased from 65% in 2013 to **72%** in 2015
- Proportion of pupils that feel there is someone they can talk to about problems increased from 42% to **59%** in 2015



Ambition 8: More adults will have good mental health and wellbeing

2018 Target: Increase the average score of adults on the short Warwick-Edinburgh mental wellbeing scale by 2018



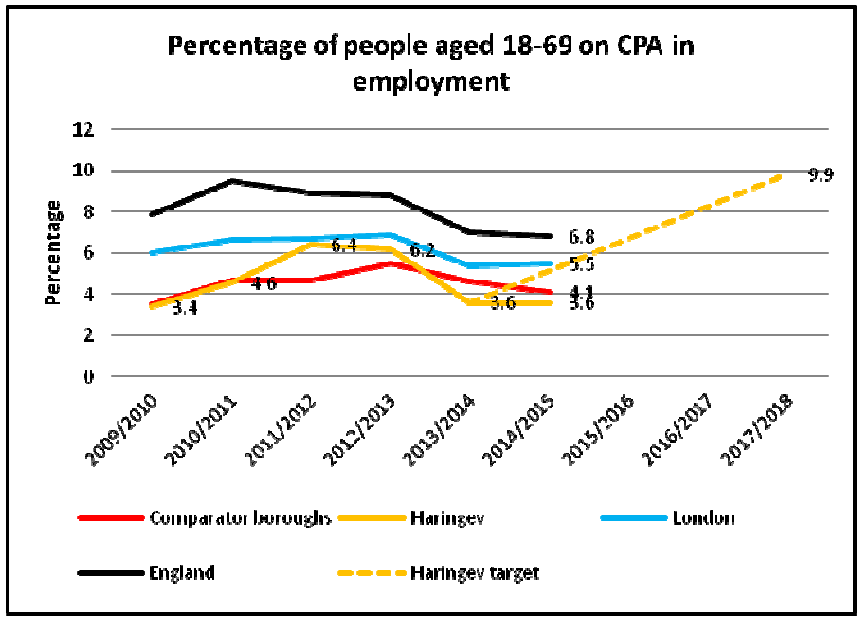
- Haringey in 2015 had a higher wellbeing average score than London and England in 2012/13. More recent data is currently unavailable
- Average Mental Wellbeing score for adults in Haringey measured by a survey across the borough was **26.1**. This is a moderate score (highest possible is 36)

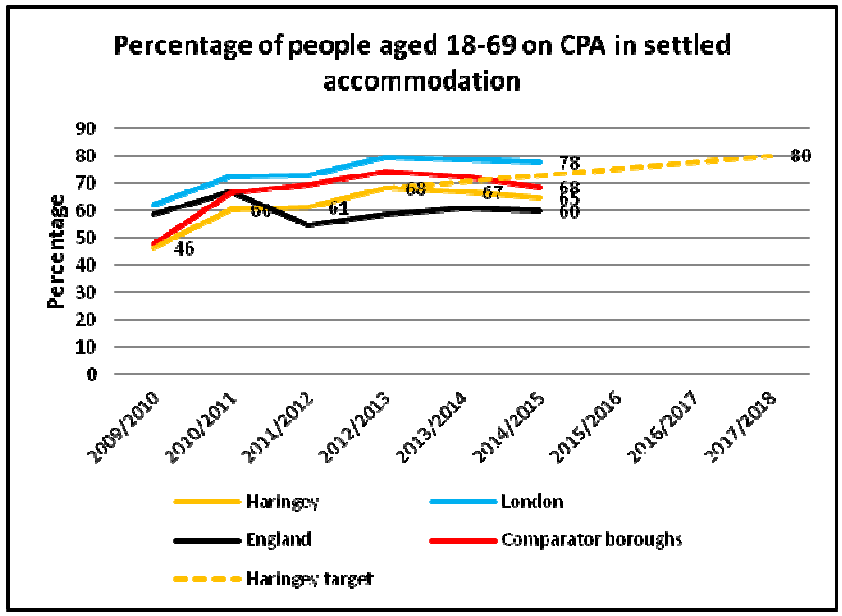
Source: 2016 Haringey Mental Health survey – commissioned in 2015, updated every 2 years

Ambition 9: People with severe mental health needs live well in the community

2018 Target: Increase the proportion of adults receiving Care Programme Approach who are in employment to maintain top quartile position (9.8%)

Increase the proportion of adults receiving Care Programme Approach who are in settled accommodation to 80%





- Haringey's performance has remained at 3.6% which is currently in-line with similar boroughs, **5.2%** below target

- Haringey's performance is broadly following the trends observed for London and similar boroughs but remains **11%** below target

Source: PHOF (2015) – Updated annually – also reported for Corporate Plan P2 board

Challenges

- Attempting to shift towards prevention and early intervention at a community level as demand management pressures become more acute in specialist providers
- Joining up of children's and adults work into a whole population approach
- Ensuring engagement and involvement of residents and voluntary and community sector groups
- Ensuring that a health in all policies approach is embedded across the council and partner organisations.
- Challenges in delivering devolution projects without additional funding.
- Delivery of ambitions requires sustained long-term focus

Population health – key focus areas

- Continued focus on getting the best population health outcome through the procurement of the Haringey Development Vehicle and High Road West
- Expanding and strengthening Haringey's Obesity Alliance to ensure it delivers at pace and scale
- Develop and implement workplace policies including Food Standards Policy and Smoking Policy
- Expanding and strengthening tobacco control e.g. increasing smoke-free places
- Looking for opportunities to further embed health into policy making, strategy development and programmes.

Opportunities through Haringey and Islington Wellbeing Partnership

- Identify key areas where work across the Haringey and Islington level will add value to our whole systems delivery plan to reduce obesity
- Exploring opportunities to tackle the health impact of poor quality housing e.g. fuel poverty.

Community Health – Key focus areas

- Secure funding, commission and implement local area co-ordination and build social prescription/social referral component with primary and community care; increase score to children, young people and families; ensure engagement of carers
- Implement community information system which supports community resilience, knowledge and self-reliance
- Start Phase 1 implementation of health and employment pilot (linked to devolution)

Opportunities through the Haringey and Islington Wellbeing Partnership

- Development of community hubs across Haringey and Islington (including social prescribing and local co-ordination components) – linked to integrated care networks (CHINs) proposal in the North Central London STP
- Looking for opportunities of aligning health and employment work across the partnership and explore potential for external funding from Shaw Trust

Personal Health – key focus areas

- Integrated out of hospital project – simplifying and scaling up services that support people to avoid hospital admission and maintain independence after hospital admissions.
- Development of primary care mental health hubs as part of an integrated multi-disciplinary model for mental health.
- Continued focus on case finding and improved management of high blood pressure and atrial fibrillation, with new focus on diabetes and kidney disease.

Opportunities through Haringey and Islington Wellbeing Partnership

- Implementation of prevention and care closer to home elements of the North Central London Sustainability and Transformation Plan including
  - Development of more effective care models for diabetes and cardiovascular disease, musculoskeletal conditions, learning disabilities and older people
- Scoping of Children and Young People's Work-stream
- Looking for opportunities of aligning intermediate care services.

<u>NCL level</u>

- Development of community perinatal mental health service