



Haringey Council

Report for:	Cabinet 14 th July 2015	Item Number:	
Title:	Award of Contracts for the provision of mental health and wellbeing promotion interventions		
Report Authorised by:	Jeanelle De Gruchy, Director of Public Health		
Lead Officer:	Tamara Djuretic, Assistant Director of Public Health		
Ward(s) affected: All	Report for Key Decisions		

1. Describe the issue under consideration

- 1.1. This report details the outcome of an open tender process for the award of contracts to provide mental health and wellbeing promotion interventions to local people across the life course (from school age children to adults and older people). This report recommends the award of new contracts in 4 lots, in line with Contract Standing Order (CSO) 9.06.1(d) following a robust tendering process.
- 1.2. A range of mental health and wellbeing promotion interventions are commissioned to raise awareness of mental health in the community, tackle stigma and discrimination, assist frontline staff to detect mental ill health and signpost residents to appropriate help and also prevent people at risk of mental ill health to develop illness.

2. Cabinet Member introduction

- 2.1. Haringey has a high level of mental illness and that can impact on any sphere of life: family, employment, education, social interactions. Tackling this issue is a priority for the Council and therefore I welcome the focus on prevention of mental ill health in our borough.
- 2.2. Recent years have seen some significant improvements in tackling stigma and discrimination related to mental ill health and starting community conversations on what mental health means for different people in schools, amongst frontline staff,



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within our workforce and in various other community settings. The award of these contracts will present our longer-term commitment to supporting people across all ages to have good mental health and emotional wellbeing.

3. Recommendations

- 3.1. To agree the award of contracts to the successful tenderers in accordance with Contract Standing Order (CSO) 9.07.1(d), each for an initial term of 3 years with an option to extend for a period or periods of up to a further 2 years.
- 3.2. The table below shows the successful tenderers for each lot:

Lot	Successful Tenderer
Lot 1 – Promoting Resilience, Emotional and Mental Health and Wellbeing in Children and Young People in schools and post-16 settings	Young Minds
Lot 2 – Mental Health First Aid Training Programme	Mind in Haringey
Lot 3 – Community approach to Mental Health and Wellbeing Improvement	Tavistock and Portman NHS Foundation Trust
Lot 4 – Time Banking and/or Time Credit Scheme	Spice Innovations Limited

4. Alternative options considered

- 4.1. Public mental health prevention initiatives require specialist skills and expertise not currently available in-house and therefore it was not considered suitable or feasible to deliver alternative provision within existing in-house resources.
- 4.2. The tendering of these services is part of Public Health's wider commissioning plan and part of the Corporate Plan Priority 2 delivery plan. Failure to provide these interventions would impact on the Corporate Plan delivery and efficiency savings in longer term.

5. Background Information

- 5.1. In accordance with regulations under the Health and Social Care Act 2012, responsibility for health improvement at local level transferred to the Local Authority in April 2013. The tendered services in this report have been commissioned from the public health grant. Full details of the budget can be found in Appendix I.
- 5.2. These services will enable the council to meet its responsibilities to improve mental health and emotional wellbeing of the local population and reduce health inequalities across the life course, starting from school settings into the adulthood.



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These interventions complement the work to ensure foundations are laid for good mental health in 0-5 year olds.

- 5.3. Mental health promotion and prevention in children and adults is strongly linked with the Corporate Plan, in particular Priority 1: Enable every child and young person to have the best start in life, with high quality education; Priority 2: Empower all adults to live healthy, long and fulfilling lives and cross-cutting theme: Working together with our communities.
- 5.4. Whilst previous interventions achieved good outcomes and tended to focus on a smaller number of people and more intensive interventions, this new provision will enable a better reach across the borough with a focus on building capacity within communities over time. It will promote up-skilling and volunteering while building sustainability, where communities can gradually take on a leading role in mental health prevention over the life of contract. The providers are expected to actively engage local communities and a range of partners in this approach and link with other existing services, where appropriate.
- 5.5. There are 4 lots in this tender:
 - Lot 1 is focused on promoting resilience, emotional wellbeing and mental health in children and young people aged 5-18 years, with a specific focus on self-harm prevention. This Lot will be delivered in partnership with Children and Adolescent Mental Health Services (CAMHS) and University College London;
 - Lot 2 will provide Mental Health First Aid Training for a range of frontline staff;
 - Lot 3 will provide a community therapeutic approach to building resilience and promoting wellbeing; and
 - Lot 4 will provide Time Credits and Time Bank.

A brief breakdown of services to be provided in each of the lots can be found at Appendix I.
- 5.6. Providers are expected to subcontract respective universities with a strong track record in public health research to evaluate interventions and build evidence of effectiveness that would significantly add to the national growing body of evidence.
- 5.7. The outputs of the services include:
 - Training on emotional resilience, mental health and wellbeing offered to all primary and secondary schools (one or two members of staff from each school) alongside training in Therapeutic Story Writing;
 - Approximately 600 people at risk of mental ill health and their 100 family and friends participating in Time Bank and Time Credits;
 - Over 500 frontline staff trained in mental health awareness;
 - Over 50 volunteers trained and engaged in the delivery of all services;



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- 5 community therapeutic groups and sessions to be delivered each week by the end of Year 3.

5.8. Contract monitoring will be carried out in accordance with key performance indicators as set out in the contract conditions for these services. Performance will be reported up to the Health and Wellbeing Board/Health and Care Integration Board mental health group.

5.9. Procurement Process

5.9.1. This service was tendered when the Public Contracts Regulations 2006 were in force. The services were classed as EU Part B residual service and therefore it was not necessary to advertise in the Official Journal of the European Union, however a competitive contract notice was published.

5.9.2. Following a Meet the Buyer event on 26th November 2014, the 'Invitation to Tender' (ITT) documents and evaluation criteria were published on Delta (e-tendering portal). In line with procurement good practice the Contract Opportunity Notice was also placed on CompeteFor and Haringey's website on 25th February 2015. The procurement was conducted through an open tender process.

5.9.3. The closing date for submitting tenders was 8th April 2015 and by the deadline nine tenders were received. Tenderers who submitted tender(s) are listed in Part-B (Exempt Information) of this report.

5.9.4. The tenderers were evaluated using the Most Economical Advantageous Tender (MEAT) with a split of 55% quality and 45% price. The tender evaluation criteria and weighting were set out in the tender documents and clarified during the tendering process.

5.9.5. The tables below detail the successful tenderers for the respective lots.

LOT 1: Promoting Resilience, Emotional and Mental Health and Wellbeing in Children and Young People

Tenderers	Price / cost scores (out of 450 points)	Quality scores (out of 550 points)	Total scores (out of 1000 points)	Contract price figure over 3 years	Total Contract value over 5 years
Young Minds Trust	450	430	880	£68,600.00	£115,0000.00
Tenderer B	366	270	636	£84,257.00	£139,157.00



LOT 2: Mental Health First Aid Training Programme

Tenderers	Price / cost scores (out of 450 points)	Quality scores (out of 550 points)	Total scores (out of 1000 points)	Contract price figure over 3 years	Total Contract value over 5 years
Mind in Haringey	450	420	870	£58,440.00	£95,320.00

LOT 3: Community approach to Mental Health and Wellbeing Improvement

Tenderers	Price / cost scores (out of 450 points)	Quality scores (out of 550 points)	Total scores (out of 1000 points)	Contract price figure over 3 years	Total Contract value over 5 years
Tavistock and Portman NHS Foundation Trust	417	400	817	£204,850.37	£286,579.13
Tenderer B	449	360	809	£190,200.00	Not Provided
Tenderer C	450	310	760	£189,935.00	£231,935.00

LOT 4: Time Banking and/or Time Credit Scheme

Tenderers	Price / cost scores (out of 450 points)	Quality scores (out of 550 points)	Total scores (out of 1000 points)	Contract price figure over 3 years	Total Contract value over 5 years
Spice Innovations Limited	406	480	886	£204,810.58	£314,686.39
Tenderer B	450	385	835	£184,928.22	£293,972.02
Tenderer C	440	305	745	£189,132.14	£231,132.14

5.9.6. The cost of the contracts will be met from budget allocated to Public Health from external grant sources. Any variance in the allocated grants will be reflected in the annual cost of the contract.



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5.9.7. In line with financial and procurement regulations, the contracts will be for three years with the option to extend for two years.

6. Comments of the Chief Finance Officer and financial implications

- 6.1. This report details the outcome of an open tender process for the award of contracts to provide mental health and well being promotion interventions to local people across the life course (from children to adults and older people). The report recommends the award of new contracts in 4 lots each for an initial term of three years with an option to extend for a period or periods of up to a further two years.
- 6.2. The total value of the four contracts proposed over the initial three year period is £498,100. Whilst funding from the Public Health grant had been identified to pay for these contracts there are now two significant areas of uncertainty with this funding. Firstly, the level of Public Health grant for the next three years is unknown. Secondly, the Government has just announced that Public Health grant will be reduced in the current year resulting in the need for the Service to find new savings in 2015/16 of £1.3m (estimate). This grant reduction may be a permanent reduction which is carried forward into future years.
- 6.3. Given the new pressures on the Public Health grant the Service will need to reassess the budget position and identify sufficient funding before awarding these three year contracts.

7. Comments of the Assistant Director of Corporate Governance and legal implications

- 7.1. The Assistant Director of Corporate Governance notes the contents of the report.
- 7.2. The services were tendered prior to the introduction of the Public Contracts Regulations 2015 and, as such, were governed by the Public Contracts Regulations 2006 (the Regulations). The services in question were classed as residual services and not subject to the tendering requirements set out in the Regulations.
- 7.3. The Council followed an open tender process in accordance with CSO 9.01 (a).
- 7.4. The Council now wishes to award the 4 lots to the bidders identified in Para 3.2 of this report.
- 7.5. Cabinet has power to approve the award under CSO 9.06.1 (d) (contracts of £500,000 or more).
- 7.6. The award is a Key Decision and has therefore been included in the Forward Plan in accordance with CSO 3.01 (d).
- 7.7. The Assistant Director of Corporate Governance confirms that there are no legal reasons preventing Members from approving the recommendations in the report.



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8. Equalities and Community Cohesion Comments

- 8.1. The Council has a public sector equality duty under the Equalities Act (2010) to have due regard to:
- tackle discrimination and victimisation of persons that share the characteristics protected under S4 of the Act. These include the characteristics of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex (formerly gender) and sexual orientation;
 - advance equality of opportunity between people who share those protected characteristics and people who do not;
 - foster good relations between people who share those characteristics and people who do not.
- 8.2. The mental health and wellbeing contracts have been developed to address health inequalities as identified through the Joint Strategic Needs Assessment. Evidence has shown an increased risk of mental illness amongst certain protected groups, including by age and ethnicity. The services aim to raise awareness of mental health and ensure that people with a mental health problem are able to get access to appropriate support. These services should therefore have a positive impact for those with the protected characteristics.
- 8.3. The four contracts for award are existing services which are being re-commissioned. Tenderers have had to meet equalities requirements and the equalities policies of tenderers have been evaluated as part of the tendering process.

9. Head of Procurement Comments

- 9.1. The procurement competition results are set out in 5.9.5 above and it is the recommendation that contracts are awarded to each tenderer that has been evaluated with the highest scores, these are identified in 3.2 above.
- 9.2. The contracts documentation will include the performance specification to be used for monitoring and evaluation performance of the service providers and to demonstrate that the Council's priorities are being achieved in accordance with the Corporate Plan.

10. Policy Implication

- 10.1. This service is linked to the Corporate Plan, Building a Stronger Haringey Together 2015- 18, in particular Priority 2: 'Empower all adults to live healthy, long and fulfilling lives' and the cross-cutting themes: Prevention and early intervention', 'A fair and equal borough', 'Working in Partnership' and 'Working together with communities'. Mental health prevention and promotion is also linked to Priority 3 of the Health and Wellbeing Strategy and Haringey's Mental Health and Wellbeing Framework.

11. Reasons for Decision



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- 11.1. The recommendations as outlined in 3.1 and 3.2 are based on those providers who scored the highest MEAT scores and therefore would offer the best value to Council in terms of quality and price. The quality component of this tender was 55% and the price 45%.
- 11.2. As a result of the procurement exercise, which was carried out in accordance with the Procurement Code of Practice, it is now recommended that the successful tenderers being awarded contract(s) as outlined in 3.1 and 3.2 in accordance with CSO 9.07.1(d).

12. Use of Appendices

- 12.1. Appendix I: Services provided in each lot and financial information

13. Local Government (Access to Information) Act 1985

- 13.1. This report contains exempt and non exempt information. Exempt information is contained in Part B and is not for publication. The exempt information is under the following category: (identified in the amended schedule 12 A of the Local Government Act 1972 (3)) information in relation to financial or the business affairs of any particular person (including the authority holding that information).



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Appendix I – Brief service specification for each Lot and pricing schedule

LOT 1 – Promoting Resilience, Emotional and Mental Health and Wellbeing in Children and Young People

SERVICE SPECIFICATION

This intervention requires the Provider to manage the design and delivery of training across primary and secondary schools in Haringey to equip school staff with the key knowledge and skills needed to promote resilience, emotional and mental health and wellbeing and also be able to recognise early signs of mental ill-health, including self-harm.

The training will promote both, a whole-school approach and a targeted approach with children and young people experiencing emotional and mental health difficulties (e.g. using story telling). It is recommended for training to consist of the following programmes:

- A core knowledge programme ‘promoting resilience, emotional and mental health and wellbeing in primary and secondary school: working with risk and resilience’;
- A programme ‘setting up therapeutic story writing groups’ or similar models for both, primary and secondary schools;
- Awareness raising of self-harm and links with internet/social media/cyber bullying and child sexual exploitation and training for school staff and children and young people, in particular those at the transitional and vulnerable age groups of school years 6 and 9, plus a post-16 setting, if achievable.

The training will be delivered to at least 85% of primary and secondary schools in Haringey by September 2017.

Available budget:

Annual estimated available budget £30,000 and £90,000 for 3 years.

LOT 2 – Mental Health First Aid Training for Frontline Staff

SERVICE SPECIFICATION

Haringey has been providing mental health awareness raising in recent years to tackle stigma, discrimination and promote better detection of mental illness. Mental health first aid is the help provided to someone experiencing a mental health problem before professional treatment is received. That someone could be a resident, customer, patient or colleague or a client they might meet in our day-to-day job. Mental Health First Aid training is primarily delivered to frontline staff across the borough.



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The service provider is expected to actively promote training amongst various frontline staff in Haringey including fire services, police, libraries, teams tackling anti-social behaviours, Homes for Haringey teams, adult social care and supported living teams, primary care staff and voluntary sector.

Available budget:

Annual estimated available budget £20,000 and £60,000 for 3 years.

LOT 3 – Community Therapy Approach to Mental Health and Wellbeing

SERVICE SPECIFICATION

The project aims to address some of the psychological, emotional and social issues within Haringey communities in more disadvantaged areas. In this project, community therapy word is used in a broad sense – is a model of community mental health work that involves the working through of historically entrenched feelings of hopelessness, depression and powerlessness. This form of therapy help people to forge independence and become more solution oriented. It is expected to link this intervention with other initiatives tackling mental health and wellbeing as well as community development in Haringey. The project will build on pilot study in Tottenham that commenced approximately 18 months ago and it aims to develop sustainable model across Haringey by focusing mostly on training, supervision and facilitation.

Service providers will be expected to provide community therapy approach for communities that are more likely to be at risk of mental ill-health such as Turkish and Kurdish communities, young males, men over 40 years of age and people over 65 years of age. The Commissioner and Project Team will work together to agree an evaluation methodology.

Available budget:

Estimated available budget is £205,000 for three years: £85, 000 for year 1, £80,000 for year 2 and £40,000 in year 3.

LOT 4 – Time Bank/Time Credits for people at risk of mental ill health or those living with mental illness

SERVICE SPECIFICATION

Haringey is seeking a provider who can deliver a scheme which allows participants to earn time credits for each hour they help out in their local community, work on a project or work for other organisations. These credits can in turn be spent on time given by other scheme participants. It is anticipated to link this programme with other initiatives tackling mental health and wellbeing and community development in Haringey.



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The scheme will offer the following:

- An incentive to give something back 'put time in' for those who have mental ill-health or are at risk of developing mental –ill health and those socially isolated who would otherwise not, therefore broadening the base of citizen involvement for the participant
- A way for those who think they have nothing to give to realise that they do have assets and in so doing build self worth
- A wide range of opportunities for developing existing and new hobbies/ skills
- Development of social networks and building community assets
- The taking of a more active role in the community
- Ways to involve friends and family in recovery building
- Rewards for time invested through interesting ways of 'get time back' that promote fun, wellbeing, social inclusion, lifelong learning and being part of a community
- Different places to get time back including where it is earned, other local places in Haringey and potentially beyond
- Those known to mental health services can be involved in the development and running of the time bank
- Different types of exchange i.e. person to agency, person to person
- Helping local organisations to put something back into the community
- Ability to gift time to others, particularly friends and family
- A robust structure that ensures equity in terms of giving and receiving time
- Robust evaluation and evidence of the effectiveness of the time bank

Available budget:

Annual estimated available budget is £205,000; £75,000 in year one and two and £55,000 for year three.



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