

HARINGEY HEALTH REPORT 2005

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### Policy context

Health Inequalities Programme for Action Choosing Health **Every Child Matters** Children Act Health for All Children National Service Framework (NSF) Partnership e.g. Healthy Schools

# Haringey Health Report 2005

Role of the annual health report

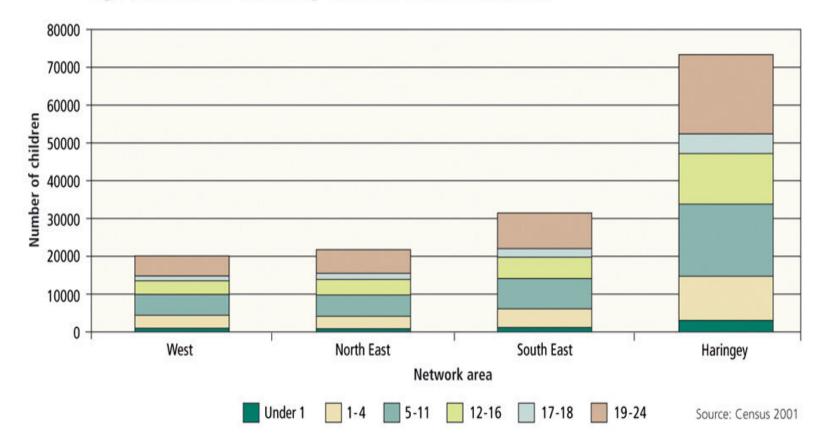
Why children?

Scope of the report:

- Children and young people in Haringey
- Measuring health and illness
- Establishing and maintaining a healthy life
- Staying safe
- Enjoying and achieving
- Making a positive contribution
- Achieving economic well-being

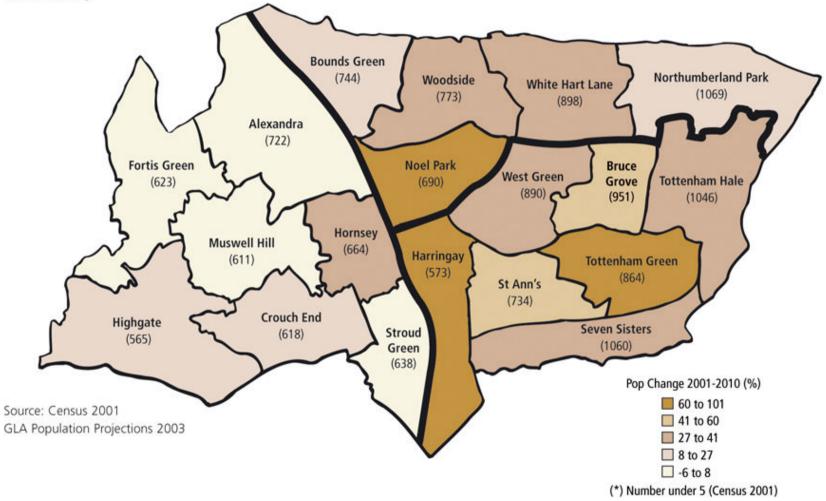
## Children and young people

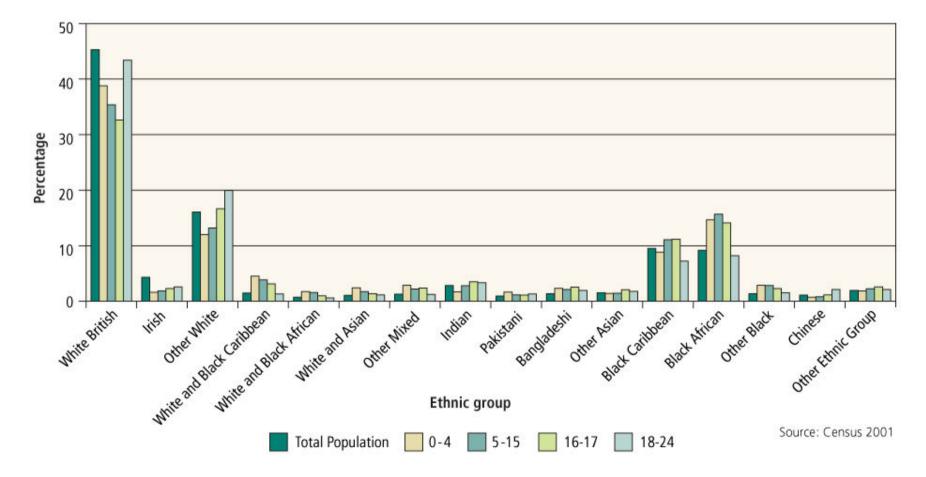
- Haringey's population is relatively young and ethnically diverse.
- The number of CYP living in Haringey will grow over the next 10 years, and this growth will not be evenly distributed.
- Many CYP in Haringey living in families or households that are vulnerable to poor health.



Age distribution of children by Children's Network area, 2001

Predicted percentage increase in under 5s by ward 2001 to 2010 (Census count in brackets\*)

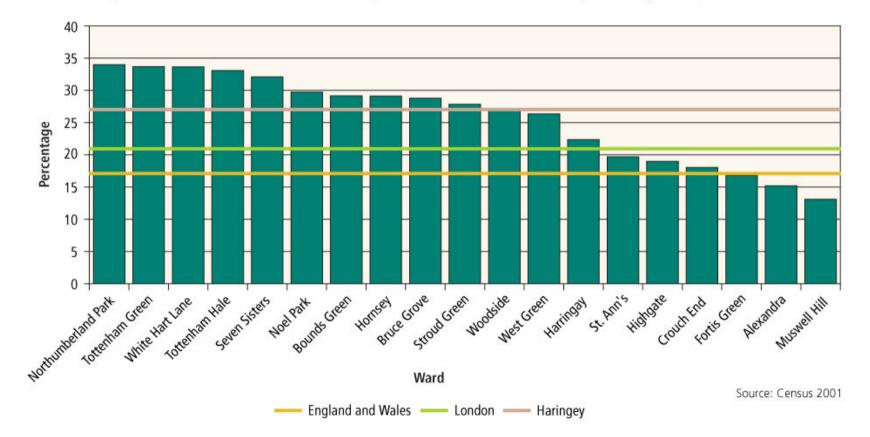




#### Figure 8 Ethnicity of children in Haringey by age group, 2001

## CYP in special circumstances

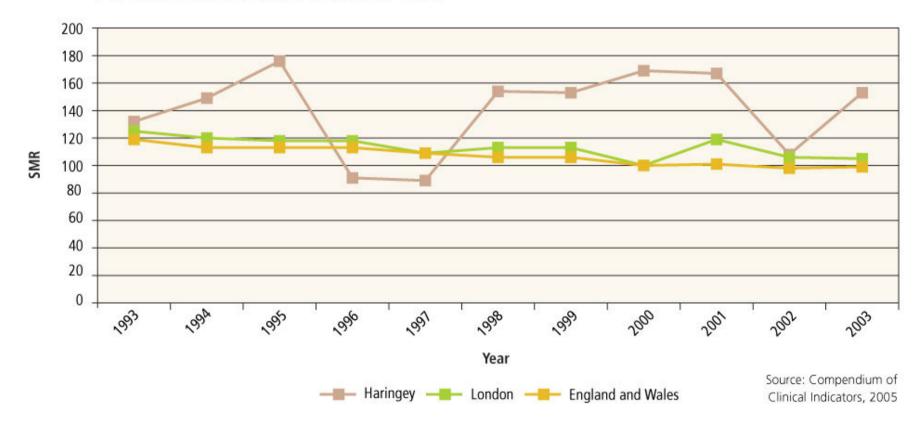
- Lone parents- head 27% of households with dependent children
- Looked after children- 506 as of July 2005, 62% placed outside the borough
- Children seeking asylum 357 unaccompanied children and 445 children within families seeking asylum
- Travellers 52 children registered, all of white Irish ethnicity
- Homeless 4,205 households with children in temporary accommodation (none in B&B)
- Population mobility and transience



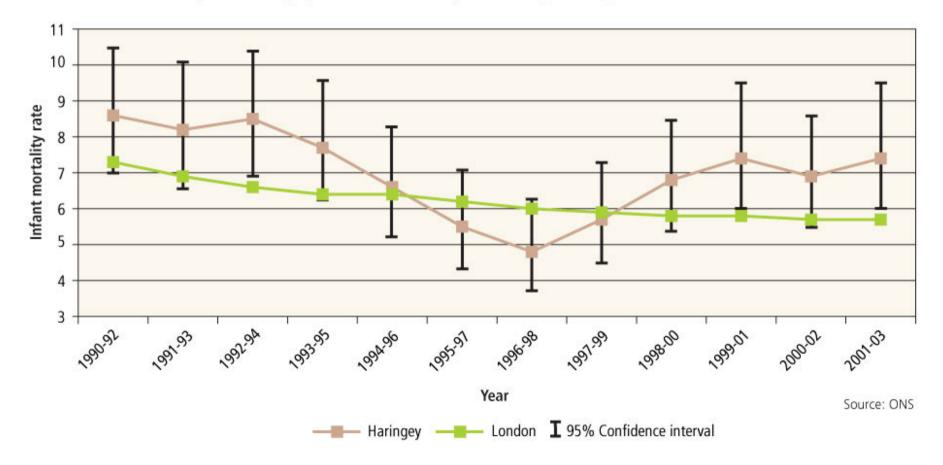
#### Proportion of all households with dependent children headed by a lone parent, 2001

#### Health and Illness

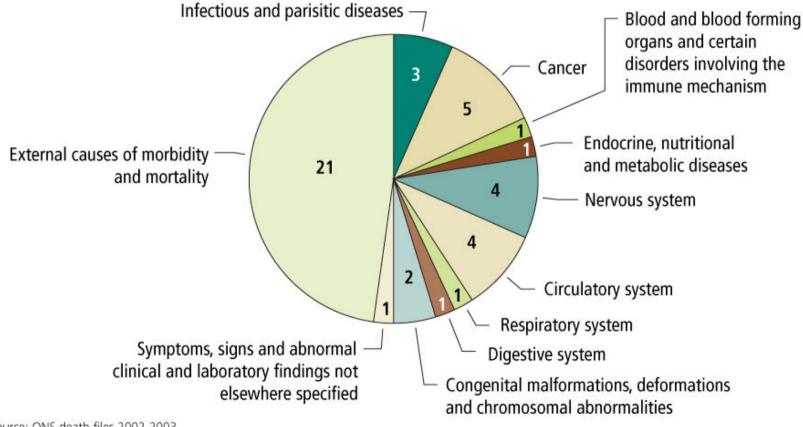
- Inequalities eg in Infant Mortality and Life Expectancy
- Importance of mental health and emotional wellbeing, and long-term conditions
- Pregnancies in early and later years are higher than average
- Poor immunisation coverage
- Limited understanding of CYP's need, access and utilisation of health care services



All Cause SMR for under 15s, 1993-2003



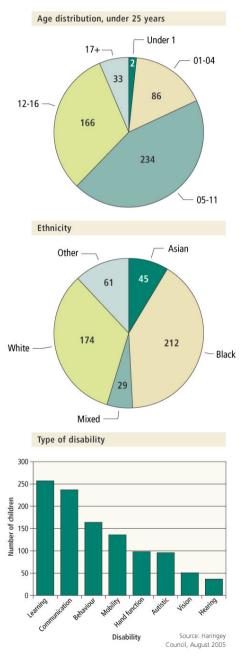
#### Infant mortality in Haringey and London, 3 year rolling average, 1990/92-2001/03



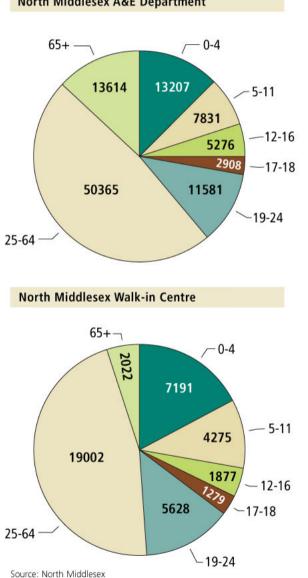
Cause of death in people aged under 25 in Haringey, 2002-2003

Source: ONS death files 2002-2003

Age, ethnicity and disability profile of children with disabilities registered with Haringey Council, August 2005

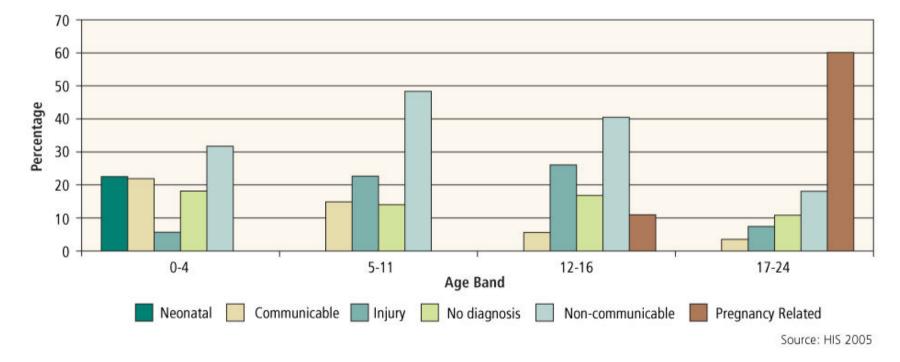


Age profile of people attending North Middlesex A&E department and Walk-in Centre, 2004/05



North Middlesex A&E Department

University Hospital



Proportion of emergency admissions by cause and age, 2001-2004

## A healthy Life

- The behaviours of CYP and their families will impact on their health throughout their lives
- Information on the extent to which CYP are adopting healthy patterns of behaviour is limited
- CYP and their families should be supported and empowered to make healthier choices

### Healthy behaviours

- Physical activity
- Food and nutrition
- Oral health

- Substance misuse
- Alcohol
- Sexual health

• Smoking

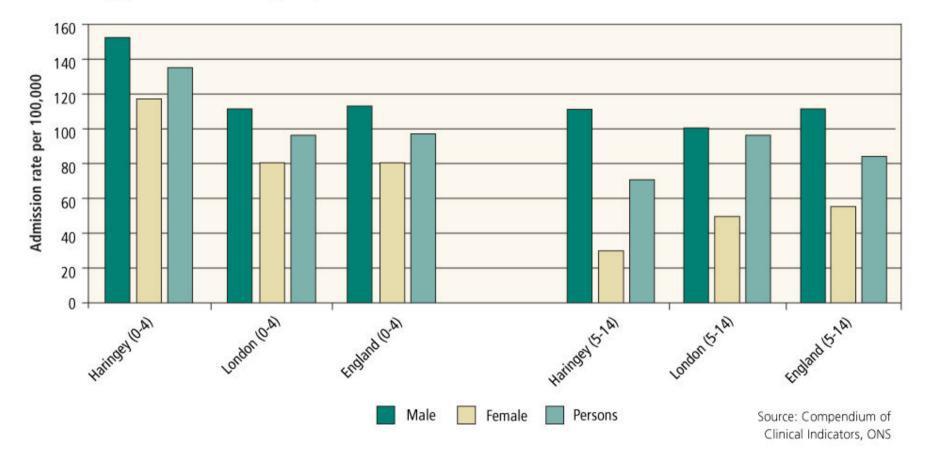
• Teenage pregnancy

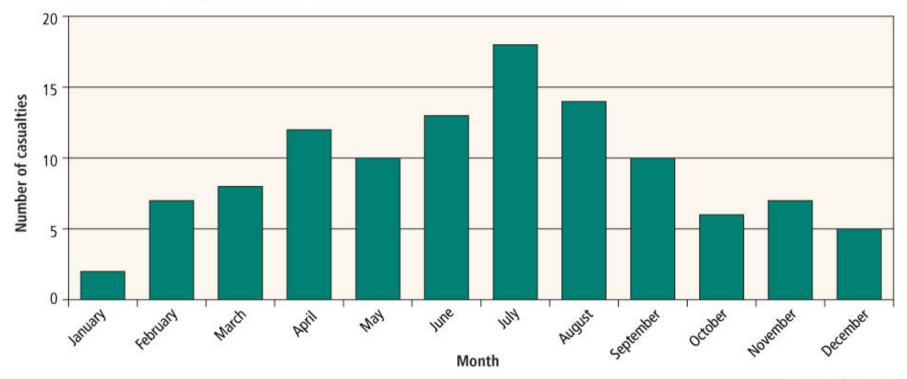
## Staying Safe

Children need to be safeguarded against

- Accidental injury
- Maltreatment and abuse
- Bullying
- Crime
- Anti-social behaviour

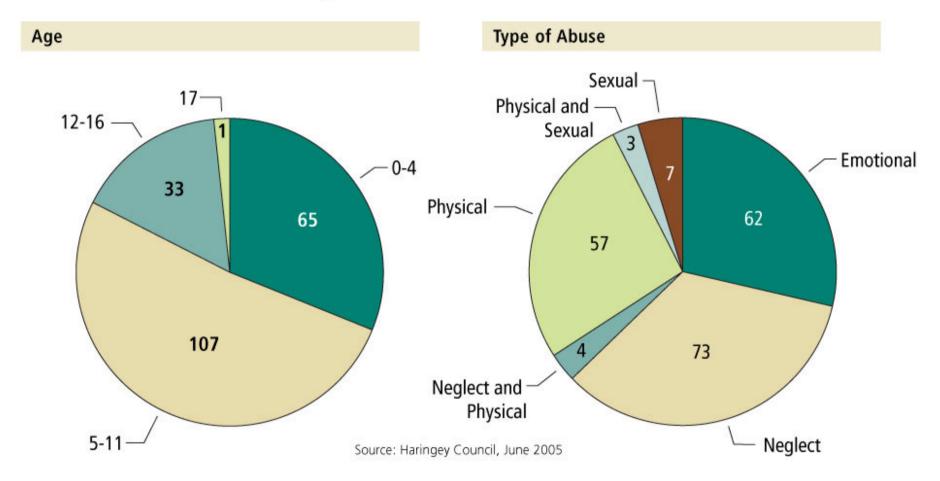
Directly standardised rate of hospital admission for serious accidental injury in Haringey, London and England, 2002/03



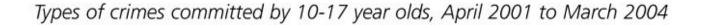


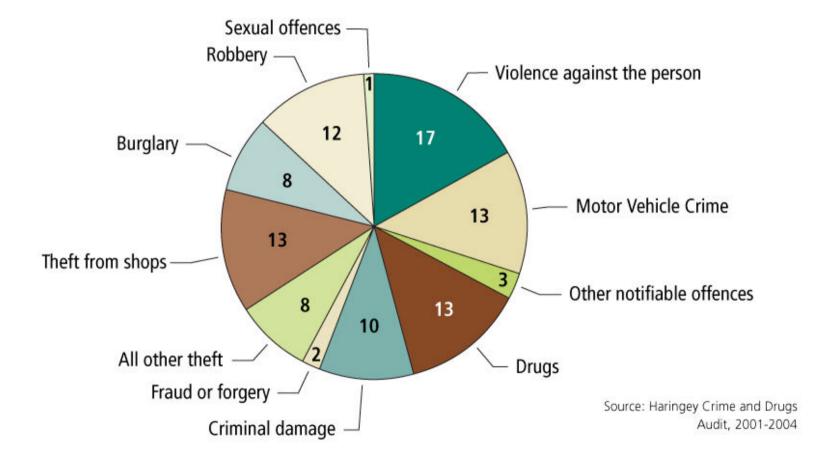
Number of child road traffic accident casualties per month, 2004

Source: LRSU 2005



Children on the Child Protection Register, June 2005

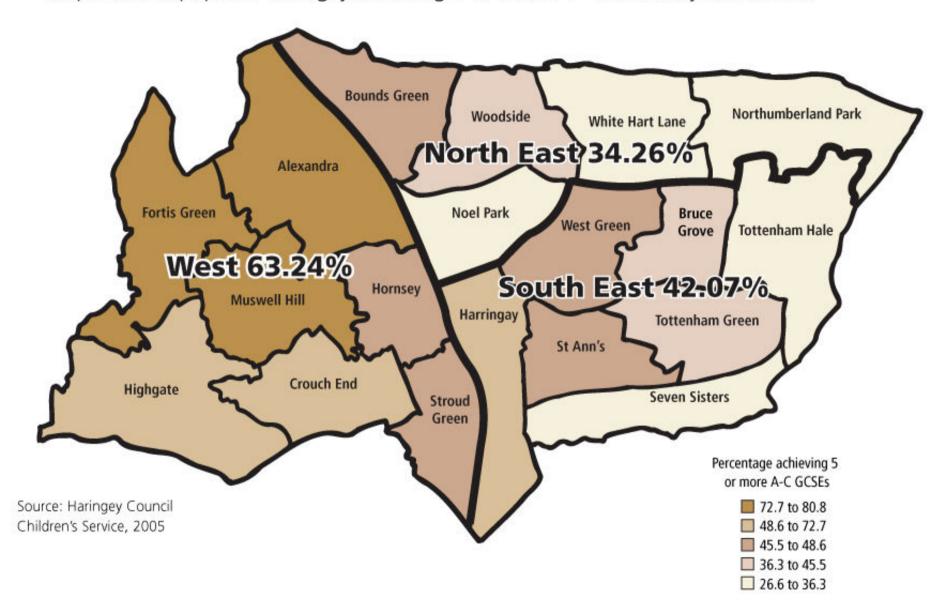




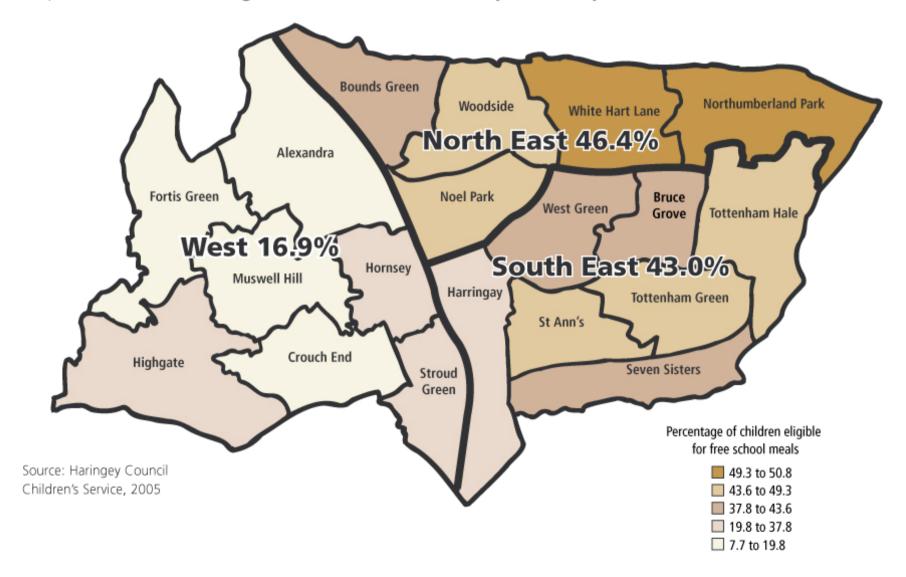
# Enjoying and achieving

- Education can provide a foundation for healthier lives
- Children should be ready for, attend and enjoy school
- Schools can help children achieve personal and social development
- Breakfast clubs in schools support health and learning
- Health inequalities can be reduced through good quality child care and early years education

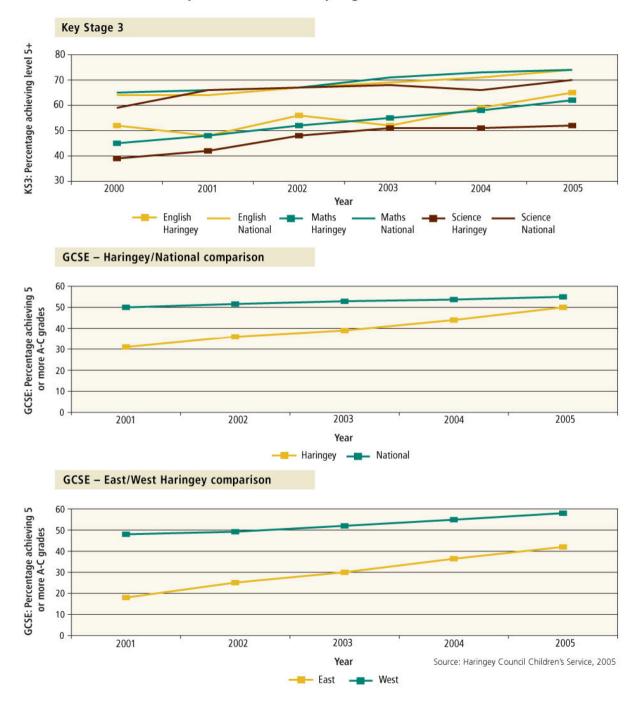
Proportion of pupils in Haringey achieving 5 or more A\*-C GCSEs by ward, 2004

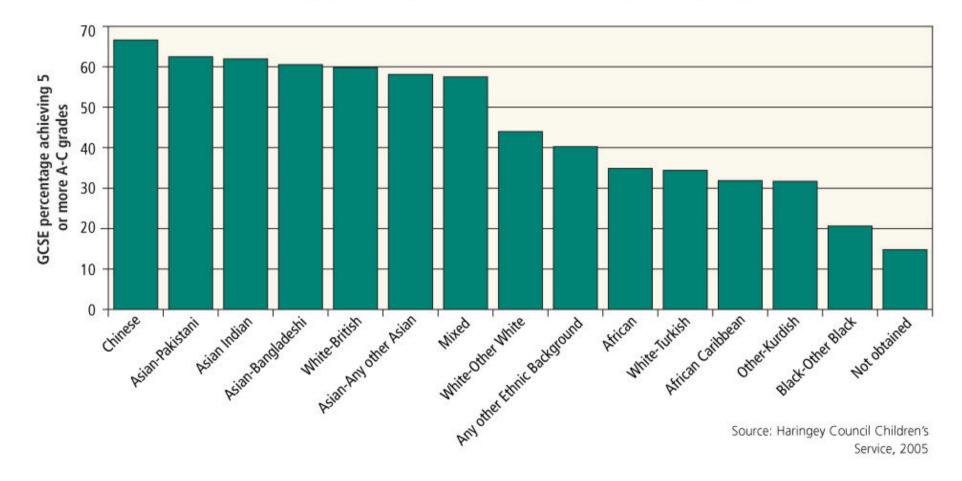


Proportion of children eligible for free school meals by ward, July 2005



Attainment in Secondary School 2000-2005: Key stage 3 and GCSE



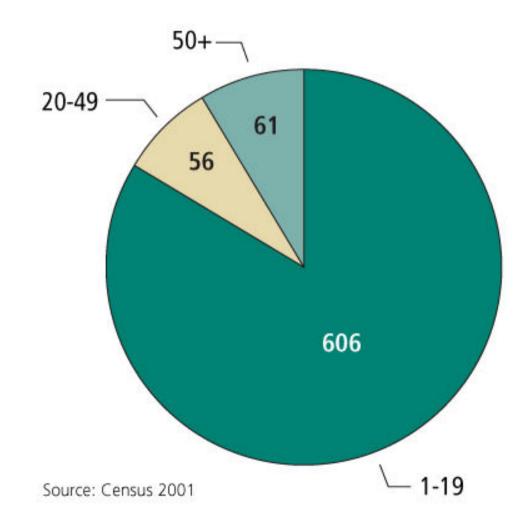


Proportion of children in Haringey attaining 5 or more A\*-C GCSEs by ethnic group, 2004

## Making a positive contribution

- Social and community support and participation are important to a child's development and health
- Young people may face barriers to community participation, including discrimination and care responsibilities

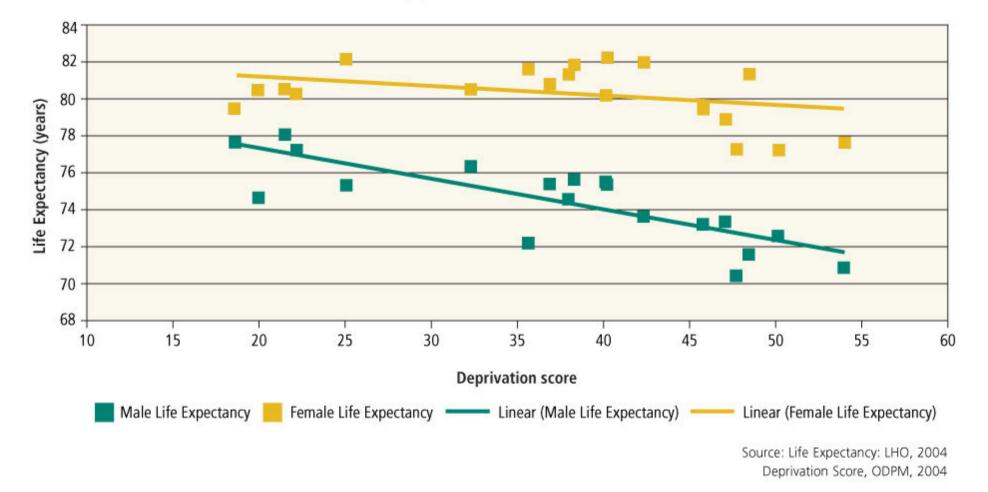
Number of hours of unpaid care per week provided by dependent children in Haringey, 2001



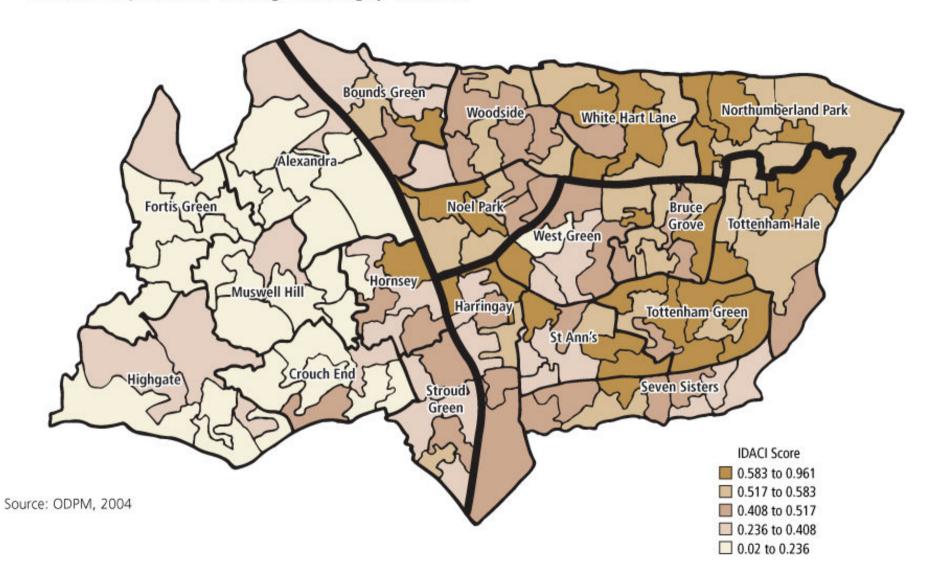
## Achieving economic well-being

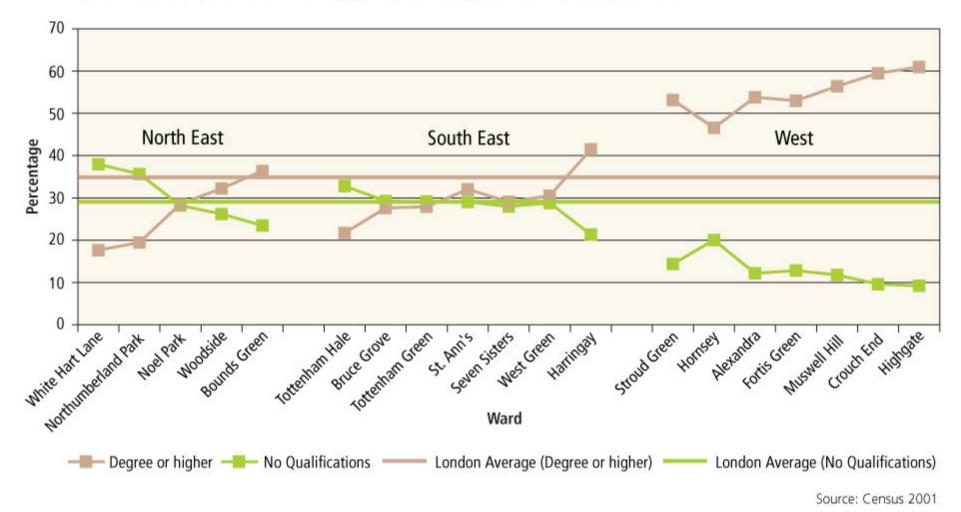
- The economic well-being of families is key to their health and well-being
- A significant number of CYP in Haringey live in relative poverty and deprivation
- There are stark inequalities in the attainment of qualifications and employment status across Haringey

Relationship between male and female life expectancy and ward-level index of multiple deprivation scores in Haringey



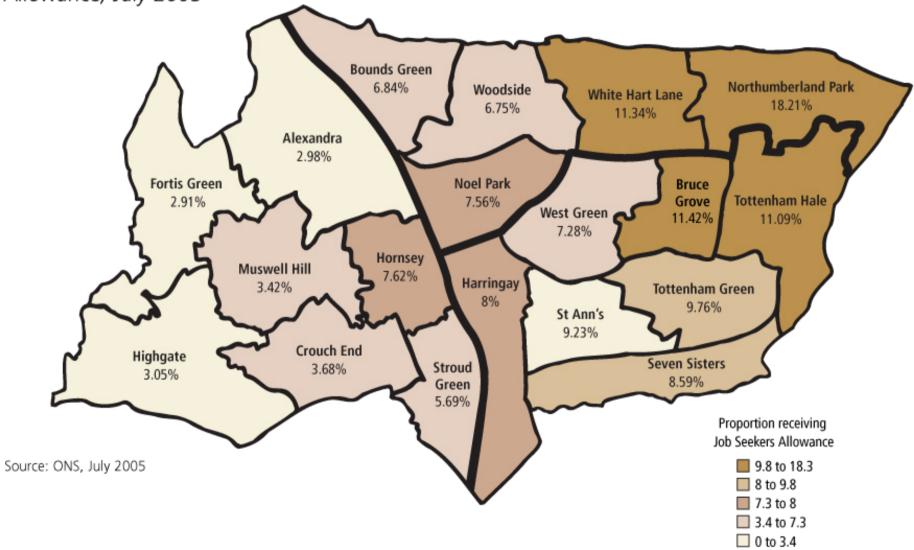
Income deprivation amongst Haringey children





Qualifications profile of Haringey residents aged 16-74, Census 2001

Proportion of economically active work force in Haringey claiming Job Seekers Allowance, July 2005



#### Recommendations

- Improved data quality, analysis and use
- Physical activity and healthy eating
- Enhance emotional well-being
- Minimise impact of inequalities
- Prevent avoidable premature deaths